

There Is No Place Like Home

CAPAC Service SCHN

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CF Parent Information Night - June 2014

Hospital In The Home (CAPAC)

- Community Acute and Post Acute Care (CAPAC) is a hospital admission at home
- The aim is to provide multidisciplinary care to enable the child to be effectively managed in their own home
- 2008 CAPAC commenced at CHW 12 month trial for CF patients requiring admission for intravenous antibiotics
- 2012 CAPAC established at SCH Randwick

CAPAC Service

Staffing:

Managed by SCH Network Nurse Unit Manager
Nurses (am/pm shifts)
Physiotherapist

Hours:

Nursing :7.30a.m - 9.30pm

7 days

Physiotherapy : 7.30am – 4.30pm Monday – Friday

8am – 12md Saturday and Sunday

CAPAC Admission Criteria

- A patient in the SCHN geographical location
- Patient is clinically/medically stable i.e. not acutely unwell
- Suitable frequency of required antibiotic therapy
- Consent from parents/carers
- Carer presence during home visits until the age of 16 years
- Phone access
- Medicare eligibility
- Family have access to transport, in case of need to attend hospital
- IV – PICC Line, Port, Central Venous Line. Regular “line” list
Young CF - general anaesthetic; Older CF - local anaesthetic

Network Area



The Sydney
children's
Hospitals Network

care, advocacy, research, education

CAPAC Approval Process

- When the medical and family circumstances are appropriate:
- CF team discusses CAPAC with patient and family, preferably before admission
- Referral made to CAPAC team
- CAPAC nursing staff meet with family, undertake risk assessment, and obtain consent
- IV antibiotics within 48 hours of expected discharge, which is determined by progress in hospital
- CAPAC nurses liaise with parents and school staff, as required

Hospital to CAPAC: What the nurses do

- In hospital, just prior to discharge, CAPAC staff connect the first infusion of antibiotics
- At home, every 23-24 hours, CAPAC nurses attend home/school and:
 - a. change infusion
 - b. administer stat dose of medication, such as Tobramycin over 20 minutes
 - c. collect finger-prick measurements of drug levels, e.g. tobramycin
 - d. finger-prick BSL levels
 - e. change PICC line dressings if needed
- Remove intravenous access or de-access Port on discharge from CAPAC

Hospital to CAPAC: What is required of the family

- On discharge from hospital parents are given equipment packs containing: syringes, sterile drapes and gloves
- Intravenous antibiotics will be given to the parents, need to be refrigerated, taken to school if required
- Look after the medication chart which needs to be available at all times
- Be flexible regarding timing of home visits
- Attend medical review at SCH towards completion of home intravenous therapy

Hospital to CAPAC: What is required of the family

- Take reasonable care of intravenous access e.g. keep dry when washing
- Be aware temperature can affect the delivery speed of medication
 - In the summer – keep cool
 - In the Winter – keep warm
- Any concerns, immediately contact:
 - a. CAPAC during the hours of 7.30 a.m. – 9.30 p.m.
 - b. At any other time, or if worried, contact Respiratory Consultant on-call at SCH via hospital switch 9382 1111



Taking the itch out of eczema
How to apply Tubifast Wet Wrap Bandages

PRESCRIPTION
 This bath oil emulsion contains the active ingredient in most creams used to treat eczema.
 It is a highly effective moisturizer and anti-itching agent for the skin.
 It is used in the area of the eczema to keep the skin moist and soothe the itching.

APPLICATION
 1. **Wash** the skin with the bath oil emulsion and then pat dry.
 2. **Apply** the cream to the eczema.
 3. **Apply** the tubifast bandage over the cream.
 4. **Apply** the wet wrap bandage over the tubifast bandage.
 5. **Repeat** the process every 4-6 hours.

CAUTION
 Do not use on the face, neck, groin, and genital areas.
 Do not use on children under 2 years of age.
 Do not use if you are allergic to any of the ingredients.
 Do not use if you are pregnant or breastfeeding.

Be a Happi Wrapper with Tubifast

Wet Wrap Bandage Schedule

DATE	TIME	AREA	APPLIED	REMOVED





Taking the itch out of eczema
How to apply **Tubifast** Wet Wrap Bandages

Itchy skin is a common symptom of eczema. It can be very uncomfortable and interfere with your daily life. One way to help relieve the itch is by using Tubifast Wet Wrap Bandages. These bandages are designed to keep your skin moist and cool, which can help reduce the itch.

Here are some tips for how to apply Tubifast Wet Wrap Bandages:

- 1. Wash your hands thoroughly with soap and water.
- 2. Clean the skin on your arm with a mild soap and water.
- 3. Pat the skin dry with a clean towel.
- 4. Apply the Tubifast bandage to the skin, making sure it is snug but not too tight.
- 5. Apply a wet cloth or gauze over the bandage.
- 6. Seal the edges of the bandage with the adhesive strips.
- 7. Leave the bandage on for the recommended time.
- 8. Remove the bandage and wash your hands again.

For more information, visit www.tubifast.com.
Happy We go! **Tubifast**

Informational poster with a grid of text and colored highlights.

Benefits of CAPAC

- School attendance
- More peer interactions
- More time with family
- Less risk of Cross infection
- Independence from hospital

Parent Feedback

“CAPAC is a very special service and allows to return to some level of normality at home away from the risk of cross infection in hospital, noisy machines going off in the wards and general boredom of being confined to a hospital bed. Thank you so much”



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